

The Foundations of Learning



25th September 2018

Early Years Foundation Stage Curriculum

- Birth to five
- Based on child development
- Followed by all pre-schools, nurseries, childminders and reception classes.

Seven Areas of Learning

Prime Areas:

- Personal, Social and Emotional Development
- Communication and Language
- Physical Development

Specific Areas:

- Literacy (Reading and Writing)
- Mathematics (Numbers, Shape Space and Measure)
- Understanding the World
- Expressive Arts and Design

What is PSED and why is it important?

Personal development (Being me) - how we come to understand who we are and what we can do. How we look after ourselves.

Social development (Being social) – how we come to understand ourselves in relation to others. How we make friends, understand the rules of society and behave towards others.

Emotional development (Having feelings) – how we come to understand our own and other's feelings and develop our ability to 'stand in someone else's shoes' and see things from their point of view, referred to as empathy.



Talking about how we feel

Showing others how we feel

Playing turn taking games

Providing opportunities to
mix with others

Encouraging children to turn to
their friends for help

Sharing stories about feelings and
friendships

Celebrating when things go well

Reviewing when things do not go so
well

Modelling new language to children

Key Person

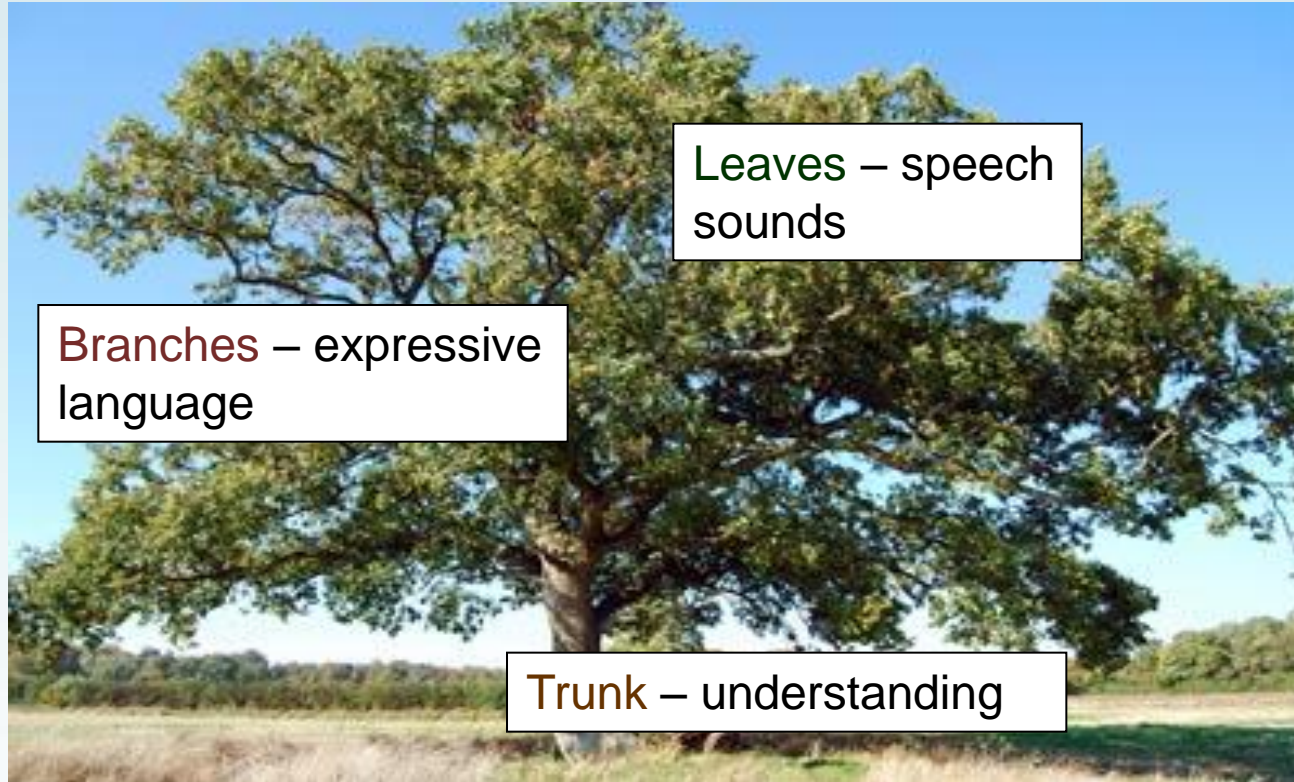




Communication and language

Why is communication and language important for young children?





Roots
Social skills
Attention and listening



Play listening games (letters
and sounds phase 1)

Sing songs and rhymes

Share stories (again, again and again!)

Ask children to follow
instructions

Use displays and photographs of the
children to prompt discussions

Introduce new vocabulary

Provide lots of opportunities to play and
explore

Use of natural/real life resources









Physical development



Physical development starts top to bottom and from inside out

LARGE to small

- Shoulder is dependent on core stability
- Development of the shoulder is critical to the development of the elbow
- Use of the hand is integrated with wrist and elbow management
- Strength and mobility in fingers and hands

Developing Proprioception

Experiencing resistance and tension

- *Pushing*
- *Pulling*
- *Stretching*
- *Hanging*
- *Throwing*
- *Lifting*
- *Carrying*
- *Wrestling – rough and tumble*



Development of Vestibular System

- *Twisting*
- *Turning*
- *Spinning*
- *Rolling*
- *Rocking*
- *Tilting*
- *Wobbling*
- *Tipping*
- *Jumping*
- *Bouncing*
- *Falling*
- *Sliding*
- *Dancing*
- *Swirling*
- *Moving at speed*
- *Barefoot play -textures*



*Learn large movements so
they can refine them*

Cross-lateral Activity

How alternating actions help both sides of the brain and body work together in a co-ordinated way.

- *Back and tummy play*
- *Clambering*
- *Climbing*
- *Balance bikes*
- *Peddalling*
- *Running*
- *Using steps*
- *Stepping stones*
- *Drumming*
- **CRAWLING**



How can you help at home?

- Share/read books
- Sing songs and rhymes
- Play with letters and numbers
- Visit the library
- Go on visits
- Create regular opportunities for your child(ren) to play at home with their friends
- Draw and paint together



Any questions?