

YOUR SCHOOL MENU

OCTOBER 2018 – MARCH 2019



TWO CHOICE

WEEK 2

MONDAY

CHOOSE FROM

Chicken grill with diced potatoes



- V** Italian tomato pasta with garlic bread finger



VEGETABLE OF THE DAY

Served with garden peas

TO FINISH

Ice cream, fruit smoothie or apple lolly



A selection of alternative desserts; Banana, apple, orange, yoghurt, rice pot, fruity pot, cheese and biscuits or fruit juice are available daily

TUESDAY

CHOOSE FROM

Roast pork



- V** Vegetarian sausage puff



VEGETABLE OF THE DAY

Served with roast potatoes, gravy and a medley of broccoli, cauliflower and carrots

TO FINISH

Seasonal apple and blackberry oat muffin

WEDNESDAY

CHOOSE FROM

- V** Quorn sausage grill with mashed potato and gravy



- V** Margherita pizza



VEGETABLE OF THE DAY

Served with green beans and sweetcorn

TO FINISH

A choice of cold desserts

Extra freshly baked bread plus salad available daily



THURSDAY

CHOOSE FROM

- *** Roast chicken, roast potatoes and gravy



- V** Tomato and vegetable pasta with garlic bread finger



VEGETABLE OF THE DAY

Served with broccoli and baton carrots

TO FINISH

Mini biscuit and seasonal fruit wedges

FRIDAY

CHOOSE FROM

Battered fish and chips with tomato sauce



- V** Sweet potato and lentil curry with brown and white rice and Naan style bread



VEGETABLE OF THE DAY

Served with garden peas or baked beans

TO FINISH

Autumn cake

WEEK COMMENCING

5th and 26th November, 17th December,
21st January, 11th February, 11th March and 1st April

OUR AWARDS



Hampshire
County Council



Green Gourmet's award-winning Red Tractor Chicken Breast fillet - Winner of the Queen's Award for Enterprise: Innovation 2017

V Vegetarian