

Vegan Menu 2019 – 2020

ONLY ITEMS ON THIS MENU TO BE FED

Week 1	Vegetarian sausages, potatoes, green beans or sweetcorn Lemon crunch biscuit	Vegetable goujons, roast potatoes, cauliflower, green beans, carrots, gravy. See desserts below	Quorn nuggets, potato wedges, garden peas Mini biscuit and fruit wedge	Vegetarian sausages, roast potatoes, carrot & swede, gravy See desserts below	Curry vegetable puff and chips See desserts below
Week 2	Italian tomato pasta (no cheese) with garden peas Fruit smoothie	Vegetarian puff, roast potatoes, mixed vegetables, gravy See desserts below	Quorn nuggets, potato wedges, baked beans or peas See desserts below	Vegetarian sausages, roast potatoes, carrot and broccoli, gravy Fruit flapjack	Sweet potato and lentil curry, rice, garden peas and sweetcorn See desserts below
Week 3	Vegetable burrito with baked beans Oat biscuit	Quorn nuggets, roast potatoes, cauliflower, carrot and green beans Winter apple crumble slice (no custard)	Vegetable goujons, potato wedges, garden peas and sweetcorn See desserts below	Roasted vegetable pasta bake, green beans or carrots Shortbread	Mexican bean pastry with chips, tomato ketchup and garden peas Fruit smoothie

Alternative desserts: Fresh fruit, fruity pot, fruit juice, fruit smoothie

Available daily: Salad, pasta salad (no mayonnaise or salad cream)

Jacket potato with baked beans, vegetarian sausages