

- Know your potato or balloon: recognise its features; decorate, make special; talk about its specialness, in pairs, talk about each one
- Play 'Give us a clue' or Connect 4 or any shared game with an emphasis on playing not winning
- Building, knocking down and deconstruction games with Lego, K'nex ,bricks, straws, paper, card, stickers, cardboard tubes, soft balls, cubes, other shapes and textures; begin to include simple 'how' choices
- Passing games in a Circle: gestures; expressions; sounds; movements; begin to include simple choices
- Passing or echoing games with percussion instruments
- Sand and /or water play. With older children, include this activity in a project with a purpose but focus just on the exploring & experimenting with these elements. Provide child /young person with accompaniment and occasional running commentary.
- Play Silly Walks: invite everyone to invent a silly walk across the room. Do not make it into a competition. Say something positive about each one.
- Make pictures out of different beans and pulses.
- Play Jenga together; have fun and talk about how it feels when the tower falls down and the game is 'over'.
- Develop some hand or body movements to accompany songs that are used regularly ; offer support to develop co-ordination and turn-taking.
- Choose some objects together. The child/young person chooses one (or more) objects to put on a tray under a cover; you have to guess what it is. Then swap. LIMIT the number of objects so child experiences success. make it more challenging incrementally.
- Miming game: play 'What am I doing?' where each person takes a turn at miming a simple everyday action and the other person has to guess what it is.
- Decorate biscuits or cupcakes together.
- Make pictures out of different beans and pulses.
- Play Jenga together; have fun and talk about how it feels when the tower falls down and the game is 'over'.
- Following and copying games; follow the leader. Change leaders often; support anxious leaders to have a go.
- Junk model-making: relate this to the topic. Do a health risk-assessment to check the materials. Supervise closely.

