

Home School Timetable

8 - 8.30	Up, dressed, breakfast
8.30-9	Free Play
9-9.30	Joe Wicks workout (YouTube Live) - fun exercise/outside play
9:30 - 10	Workbook / handwriting / English
10 - 10:30	reading / music / quiet play
10:30am	Wash Hands!!
10:30am	Snack
10:30 - 11	outside play / activity / walk
11am	Wash Hands!!
11 - 11:30	workbook / maths / English
11:30 - 12	alone time - choose an activity
12pm	Wash Hands!!
12 - 1:15	Lunch + Play
1:15 - 1:30	Mindful / Headspace activity
1:30 - 2:15	workbook / maths / English
2:15 - 3	outside play / activity / walk / scoot
3pm	Wash Hands!!
3 - 3:30	alone time - choose an activity
3.30pm	Wash Hands!!
3.30pm	Snack
3:30 - 4:15	craft / activity / game
4:15 - 5	Free Play
5pm	Wash Hands!!
5 - 6	Dinner & Tidy Up
6 - 6:30	Bath & PJs

