

Example of Year R Timetable

Before 9.00am	Wake up	Normal morning routine, get dressed, have breakfast etc...
9.00am	Outside activities	Play in the garden. P.E with Joe Wicks, cosmic yoga on YouTube, Andy's wild adventures on cbeebies, Kidz Bop Dance Along. Fancy a change then try Zumba kids (2/3 minute long videos of children doing Zumba).
9.30am	Phonics	Oral blending Re-cap previous learning Teach - a new sound/word/sentence Play some phonic games
10.10am	Letter formation	Practice forming letters in a variety of ways
10.30am	Break/ snack	Chill out, go outside. Re-energise.
10.50am	Communication and language/writing.	Activities linked to stories, chatting, discussion etc...
12.00-1.00pm	Lunch activities	Help prepare lunch and clear up afterwards.
1.00 -1.40pm	Maths activities	Warm up activity- linked to number and counting. Teach – a new skill or concept or learning about maths in our everyday life.
1.40pm	Creative activities	Chose from a selection of our suggested creative activities.
2.40pm	Reading	Enjoy books and stories together either using reading books, books from home or stories on apps.
3.00-4.00pm	Free time	Get outside again. Help with gardening/car washing etc... Free play with your toys.

We will continue with word of the week.

Things to do daily: practice learning tricky words and phonics. Chat and read. Counting numbers out loud up to 100 (you can do this whilst doing other things e.g. whilst exercising, playing outside, putting things away). Counting objects/pictures up to 20 to ensure children have secure 1-1 correspondence. This is so important for later maths so even if your child can do this, please keep consolidating the learning.

The timetable is just a suggestion, please build in more breaks as appropriate. Young children learn best from little and often and lots of repetition.