



Shamblehurst Primary School, Wildern Lane, Hedge End,  
Southampton, Hampshire SO30 4EJ  
Telephone: (01489) 782342

Email: [adminoffice@shamblehurst.co.uk](mailto:adminoffice@shamblehurst.co.uk)  
Website: [www.shamblehurst.co.uk](http://www.shamblehurst.co.uk)

Headteacher: Anna Jones

Deputy Headteacher: Sally Mohamed

### YOGA CLUB SUMMER 2022 – YEAR 3, YEAR 4, YEAR 5 and YEAR 6

Yoga Club takes place after school on Wednesdays and finishes at 4:05pm.

Summer Term: Tuesday 17th May 2022 to Tuesday 12th July 2022

To enable other children to have a chance to take part, if your child attended Yoga Club during the autumn term, they are not able to apply for the summer term. If we do not fill all the spaces, we will then offer it out to existing children.

During Yoga Club, children will do breathing exercises, learn new postures and poses to help with strength and balance, and enjoy lots of relaxation and calm time!

Your child will need to agree to attend the club every week for a minimum of one half-term. If we are unable to run the club, you will be notified by our text service as soon as possible.

As clubs prove very popular and to enable other children to have a chance to take part in them, clubs will be renewed termly. When renewing for the new term, if we do not fill all the spaces, we will then be able to offer spaces to children who took part the previous term.

If you would like your child to attend Yoga Club, please complete the permission slip attached and return strictly by lunchtime on Thursday 16th September 2021. We will confirm your child's place by text during Friday 17th September 2021. Places will be selected by being pulled out of a hat.

Miss Haikney  
Yoga Club Co-ordinator

---

To: Miss Haikney, Shamblehurst Primary School - Re: YOGA CLUB 2021 - 2022 - YEAR 3 - YEAR 6

Child's Name: ..... Class: .....

- I will collect my child myself from the main reception
- I give permission for ..... to collect my child
- My child may walk home alone. (Throughout the darker evenings we would expect all children to be collected).

By signing below, you and your child are also confirming your commitment to the club as outlined in the letter above.

Signed .....(Child)      Signed..... (Parent)

